

KS 1/2

## From seed to shop shelf

### Sowing

Kale seeds are sown in trays.  
They are put in warm glasshouses.  
The seeds grow into young kale plants.



### Growing

Four weeks later, the young plants are  
planted outside.



### Harvesting

Kale is harvested by hand.  
Then it is put on harvesting rigs.  
The rigs take it to the factory.



### Packing

The kale is put into **cold stores**.  
The kale is cut and washed.  
It is packed in boxes.



### To the shops

Kale goes in **refrigerated** trucks to the  
shops within 24 hours.



Find out what the words in **red** mean.

Why do we need to keep kale cold after it is picked?