

KS 1/2

From seed to shop shelf

Sowing

Kale seeds are sown in trays.
They are put in warm glasshouses.
The seeds grow into young kale plants.



Growing

Four weeks later, the young plants are
planted outside.



Harvesting

Kale is harvested by hand.
Then it is put on harvesting rigs.
The rigs take it to the factory.



Packing

The kale is put into **cold stores**.
The kale is cut and washed.
It is packed in boxes.



To the shops

Kale goes in **refrigerated** trucks to the
shops within 24 hours.



Find out what the words in **red** mean.

Why do we need to keep kale cold after it is picked?